



**c.a.r.e. Parenting Skills Classes
Winter –Spring 2010**

Class Registration

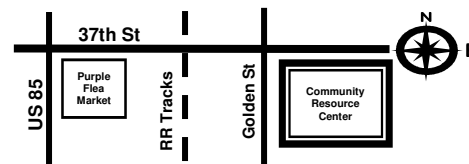
For all locations call: (970) 356-6751

<p>Jack Meakins Community Resource Center 3700 Golden Street Evans</p>	<p>Jack Meakins Community Resource Center 3700 Golden Street Evans</p>
<p>Evenings 6-8 pm Fee: \$50 Starting: Wednesday –January 6th through March 24th April 7th through June 23rd Tuesday - January 19th through April 6th April 13th through June 29th</p> <p>The Nurturing Program for Families 5-12 yr olds A 12 week class focusing on the development of empathy, self worth, self awareness, discipline with dignity, family roles, child development and expectations. Workbook included. Children's Program Available</p>	<p>El Martes por la tarde- 6-8 pm Costo: \$25 Comienza: Enero 19 asta Marzo 23 Abril 13 asta Junio 15</p> <p>Strengthening Latino Families / El Fortalecimiento de las Familias Latinas Un programa que le enseña: Como mejorar la comunicaci3n con sus hijos, Como recuperar o mantener su posici3n de l3der en su hogar, Como mejorar la disciplina y el respeto en su familia, Como hablar con sus hijos acerca de temas dif3ciles como la sexualidad. Programa de ni1os disponible.</p>
<p>Monday Evenings 6-8 pm Fee: \$50 Starting: January 4th through March 29th April 12th through July 5th</p> <p>The Nurturing Program for Families 0-4 yr olds A 12 week class focusing on the development of empathy, self worth, self awareness, discipline with dignity, family roles, child development and expectations. Workbook included. Children's Program Available</p>	<p>Los Viernes por el mediodia- 1:00-3:00pm Costo: Gratis Comienza: Enero 8 asta Marzo 12 Marzo 26 asta Mayo 28; Junio 4 asta Agosto 6</p> <p>Strengthening Latino Families / El Fortalecimiento de las Familias Latinas Un programa gratis que le enseña: Como mejorar la comunicaci3n con sus hijos, Como recuperar o mantener su posici3n de l3der en su hogar, Como mejorar la disciplina y el respeto en su familia, Como hablar con sus hijos acerca de temas dif3ciles como la sexualidad</p>
<p>Monday Afternoons 3-5pm Fee: \$50 Starting: January 25th through April 12th April 19th through July 12th</p> <p>The Nurturing Program for Families 0-4 yr olds A 12 week class focusing on the development of empathy, self worth, self awareness, discipline with dignity, family roles, child development and expectations. Workbook included. Children's Program Available</p>	<p>Wednesday Evenings 6-8 pm Fee: \$25 Jan 6,13,20,27; March 3,10,17,24; May 5,12,19,26; July 7,14,21,28</p> <p>Parenting Your Teenager <i>In this 4 week class you will develop a better understanding of adolescence and more effective methods of interacting with your teen on a daily basis.</i> Children's Program Available through June</p>
	<p>Juvenile Assessment Center 2835 W. 10th St. Greeley</p>
<p>Co-Parenting After Divorce Fee: \$35</p> <p>English: 2nd Sat. of every month 8:30am–12:30pm Jan 9 Feb 13 Mar 13 Apr 10 May 8 Jun 12 Jul 10 Spanish: 3rd Sat. of every other month 8:30am-12:30pm Jan 16 Mar 20 May 15 Jul 17</p> <p><i>This class meets the court requirements for divorcing parents. Join us for our 4 hour workshop and learn the skills needed to help your family through this challenging time.</i></p> <p>Must Register in Advance. NO childcare available.</p>	<p>Wednesday Evenings 6-8 pm Fee: \$25 Feb 3,10,17,24; April 7,14,21,28; June 2,9,16,23</p> <p>RETHINK: Anger Management for Parents Learn how to manage your own response to your children's challenging behaviors. A 4 week class that will help parents understand child development, recognize anger triggers and learn techniques to help increase positive parenting.</p> <p>NO Children's Program Available</p>

ONE HOUR WORKSHOPS on Ten steps of Parenting the SUPER NANNY WAY.
Contact Liz Hardy at 970-356-6751 X 308



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To register or for more information call, 356-6751