



**c.a.r.e. Parenting Skills Classes
Summer-Fall 2011**

Class Registration

For all locations call: (970) 356-6751

<p>Jack Meakins Community Resource Center 3700 Golden Street Evans</p>	<p>Jack Meakins Community Resource Center 3700 Golden Street Evans</p>
<p>Monday Evenings 6-8 pm Fee: \$50/Single \$75/Couple Starting: August 1 through October 24 <i>(No class Labor Day)</i></p> <p><i>The Nurturing Program for Families 0-4 yr olds</i> A 12 week class focusing on the development of empathy, self worth, self awareness, discipline with dignity, family roles, child development and expectations. Workbook included. Includes a shaken baby simulator, a fetal alcohol syndrome manikin and a drug affected baby demonstrator.</p> <p><i>Children's Program Available</i></p>	<p>Los Viernes por el mediodia- 1:00-3:00pm Costo:\$25 Comienza: Agosto 12 asta Octubre 14</p> <p><i>Strengthening Latino Families / El Fortalecimiento de las Familias Latinas</i> Un programa gratis que le enseña: Como mejorar la comunicaci3n con sus hijos, Como recuperar o mantener su posici3n de l3der en su hogar, Como mejorar la disciplina y el respeto en su familia, Como hablar con sus hijos acerca de temas dif3ciles como la sexualidad</p> <p><i>Programa de ni1os disponible.</i></p>
<p>Wednesday Evening 6-8 pm Fee: \$50/Single \$75/Couple Starting: August 31 through November 16</p> <p><i>The Nurturing Program for Families 5-12 yr olds</i> A 12 week class focusing on the development of empathy, self worth, self awareness, discipline with dignity, family roles, child development and expectations. Workbook included.</p> <p><i>Children's Program Available</i></p>	<p>Wednesday Evenings 6-8 pm Fee:\$25/Single \$35/Couple Sept 7, 14, 21, 28</p> <p><i>Parenting Your Teenager</i> <i>In this 4 week class you will develop a better understanding of adolescence and more effective methods of interacting with your teen on a daily basis.</i></p> <p><i>NO Children's Program Available</i></p>
<p><i>Nurturing Skills for Teen Parents</i> Tuesday Afternoons, 3:45-5:15pm, First Christian Church July 12 through August 30 September 27 through November 15</p> <p>8 week class focusing on issues related to being a teenage parent. Some lessons include how to help children build their self-esteem, infant massage, and discipline using the nurturing philosophy. Includes a shaken baby simulator, a fetal alcohol syndrome manikin and a drug affected baby demonstrator.</p> <p><i>Children's Program Available</i></p>	<p>Youth and Family Connections 2835 W. 10th St. Greeley</p> <p>Wednesday Evenings 6-8 pm Fee:\$25/Single \$35/Couple Aug 3, 10, 17, 24 Oct 5,12,19,26</p> <p><i>RETHINK: Anger Management for Parents</i> Learn how to manage your own response to your children's challenging behaviors. A 4 week class that will help parents understand child development, recognize anger triggers and learn techniques to help increase positive parenting.</p> <p><i>Children's Program Available</i></p>
<p><i>Co-Parenting After Divorce</i> Fee: \$40</p> <p>English: 2nd Sat. of every month 8:30am—12:30pm Aug 13 Sept 10 Oct 8 Nov 12 Dec 10</p> <p>Spanish: 3rd Sat. of every other month 8:30am-12:30pm Sept 17 Nov 19</p> <p><i>This class meets the court requirements for divorcing parents. Join us for our 4 hour workshop and learn the skills needed to help your family through this challenging time.</i></p> <p><i>Must Register in Advance. NO childcare available.</i></p>	<p>Shaken Baby Simulator <i>Funded by Promises For Children</i></p> <p>Life size infant electronic simulator which measures the force of the brain when shaken. The curriculum addresses the many serious disabilities a child may suffer as a result of shaking.</p> <p>Promises for Children <small>Weld County's Early Childhood Council</small></p> <p>Available for community workshops and events.</p>

ONE HOUR WORKSHOPS on Ten steps of Parenting the SUPER NANNY WAY.

Contact Liz Hardy at 970-356-6751 X 308

Child Advocacy Resource & Education, Inc.
3700 Golden Street, Evans, CO 80620
(970) 356-6751 Fax (970) 506-2726
contact@careweld.org web: www.careweld.org
Monday-Thursday 9-5. Closed on Friday

To register or for more information call, 356-6751

